



Harvest for the Hungry



PREPARATION

Download any necessary resources and films. Spend some time going through the session and pray for the group and about your time together.



WELCOME

Open in prayer and invite those present to share something from their week. Encourage people to share something where they experienced hope.



GAME

A Harvest Fruit and Veg Game

Aim: To memorise the ingredients for a vegetable pasta and / or fruit salad. The more vegetables / fruits you remember the higher the score. This game can be done as part of a harvest church service or in a small / youth group setting. Those guessing can work alone or in pairs.

Set out a tray with ingredients for a tasty vegetable pasta and a fruit salad. For vegetable pasta, this could include, pasta, herbs, oil, a tin of tomatoes, onion, carrots, courgette, sweetcorn, marrow, beans, broccoli and anything else you think would be good.

For the fruit salad, try to put a selection of different fruits. Ideally you would have the same number of ingredients for the fruit salad as the vegetable pasta.

To make it more difficult you can also add items that do not go in either vegetable pasta or fruit salad to make the game harder. You can invite as many people as you like to take part. Alternating between the vegetable pasta and fruit salad, ask people to remember which ingredients can be used for the dish. The more items they remember in thirty seconds, the higher the score.



INTRODUCE

Harvest for the Hungry (HFTH) is Transform Europe Network's programme to support those in food poverty, through the ministry of our partners.

Thousands of families in Eastern Europe and the Balkans face a harsh winter with insufficient food. For three decades Transform Europe Network has enabled its partners in Eastern Europe and the Balkans to bring food to the hungry.

Through the work of our partners lives continue to be changed; despair keeps giving way to hope. The gospel of the kingdom is proclaimed to the homeless, orphans and widows, the destitute and families of the terminally-ill. Thousands of people are fed as soup kitchens are supplied, food parcels are distributed and hot meals are served.

Harvest for the Hungry is supported by the generous giving of UK churches and hundreds of individual supporters, enabling our partners to help needy families and the elderly to survive.



WATCH

Watch the HFTH film to see how the project makes a difference to people in the Balkans and Eastern Europe.



Harvest for the Hungry 2024 -
CASA Grace's Story'

<https://youtu.be/2JwUCx1eDU4>

CASA Grace in Romania works with families and individuals in need, making use of grants they have received which have been raised through TEN's Harvest for the Hungry appeal. But their work is much bigger than giving out food parcels. What else does CASA Grace do and how does the giving out of food parcels help this work?



BIBLE

Read Psalm 9: 7-18. You may decide to read the whole chapter together if you would like to establish the context of David's psalm in greater detail.



DISCUSSION

In Psalm 9, David declares that the LORD is powerful beyond compare.

1. Look at v.8. What does this verse reveal about God's character? Is there anything else you noticed in the passage that shapes your understanding of God?
2. Look at vv.10-11. What does God's commitment to His people mean for Christians? What should our response be and why?



PRAYER

Using vv.10-11 as a guide, ask God to show each of you how to 'proclaim among the nations what he has done.' Write down one thing you can do to get you started.



DISCUSSION

1. Look at vv.13-14. Think about a time when you experienced God's rescue and what it meant to you. This could be from a practical situation or something that affected you spiritually. If you feel comfortable doing so, share your testimony with your group.
2. Look at vv.15-17. Who are the wicked in your society and in the wider world? What should our attitude be to wicked people? Should we act and if so, in what way? Consider your responses in the light of the Bible reading.
3. Read v.18. If God never forgets the needy, are we called to any sort of action? How does the Bible reading support your answer? Feel free to mention any other Bible verses that support your understanding.



PRAYER

Spend time praising God for who He is. Bless and pray for each other that God would speak to each person about how He wants you to act locally or in the wider world. As you pray, think of where you (individually or as a group) can declare praises to God and bring His light.]



ACTION

Could you support TEN's Harvest for the Hungry campaign? Visit harvestforthehungry.org or scan the QR code for more information. Could your group or church organise a fundraiser?



harvestforthehungry.org

If you want to find out more about TEN resource For the Nations, visit: ten-uk.org/for-the-nations



ADDITIONAL CONTENT



WATCH

Boris' story tells of how a food parcel changed a life. You can watch it by copying and pasting the URL or using the QR code:



Boris' Story:
youtu.be/EJ0lcxk-rYI



DISCUSSION

1. What is your reaction to Boris' story?
2. How does it help you see the importance of faith and deeds?
3. Who are the people that God may put on your heart, locally and internationally, as a church, group, or community to serve in faith and deeds?